

From: **Janet Matson** <jhmatson@fmi.hrcoxmail.com>

Date: Wed, Oct 15, 2025 at 11:32 AM

Subject: Janet Matson Health Update

To:

Dear Friends,

My mother, Janet Matson, asked me to give you all a quick update on her health. She has been dealing with diminishing strength in the last few weeks which culminated in a 911 transport to Sentara Norfolk General Hospital this past Sunday morning. After spending many hours in the critical care section of the ED, she was moved to a regular room in the Heart Hospital. She has Congestive Heart Failure and has been dealing with AFIB and an intermittent elevated heart rate. As of today, she is back in sinus rhythm, and we are praying that will continue so that she can be transferred in a couple of days to a local rehab facility to work on regaining some of her strength. Yesterday she was unable to get out of bed at all, and had a very bad episode where they "called in the troops," as she put it. So we are very thankful that she seems to be more stable today as of this writing. She is very thankful for your prayers and understanding, as she is unable to write out any receipts or attempt any correspondence at this time. If you have any questions, I will try to respond at my email below until she is able to resume her normal interactions with you all.

Sincerely,

Jeanine Drylie (Janet's daughter)

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